Guinness Stout Gingerbread (Gluten Free)



Serves: 12

The original recipe for this delicious cake came from a recipe I found on "Dinner with Julie" blog. Her recipe makes a delicious cake. But because my husband is gluten free I needed to adapt it so he could also share in this delicious dessert. I switched out the all purpose flour and I had to change some of the recipe measurements slightly for moistness and flavor. I found that this cake freezes beautifully once baked. I like to use this cake as an alternative to the traditional birthday cake especially for an Autumn birthday. You can find Julie's (Julie Van Rosendaal) original recipe at http://www.dinnerwithjulie.com/recipe/pumpkinstout-gingerbread-with-cream-cheese-frosting/

Yield: 1 bundt cake Prep Time: 15 minutes Cook Time: 60 minutes

Ingredients:

CAKE:	
1 cup	dark stout
2/3 cup	molasses
1 teaspoon	baking soda
3	large eggs
1/2 cup	sugar
2/3 cup	dark brown sugar packed
3/4 cup	canola oil

1 cup	canned pumpkin
1 tablespoon	fresh ginger grated
2 1/2 cups	gluten free King Arthur 1 to 1 equivalent
1 tablespoon	ground ginger
2 teaspoons	baking powder
1 1/2 teaspoons	cinnamon
1/2 teaspoon	allspice
1/2 teaspoon	nutmeg grated
1 teaspoon	kosher salt
CREAM CHEESE FROSTING:	
4 tablespoons	butter softened
4 ounces	cream cheese softened
3 cups	powdered sugar
1/4 cup	whole milk
1 teaspoon	vanilla extract
1 teaspoon	bourbon whiskey optional

Directions:

CAKE:

- 1. Spray a bundt pan with nonstick spray.
- 2. In a medium saucepan combine the stout and molasses over medium heat and bring to a boil.
- 3. Remove from the heat and stir in the baking soda. Set aside until the foam subsides and the mixture cools slightly.
- 4. In a large bowl, whisk together the eggs, sugars, oil, pumpkin puree and ginger.
- 5. In a medium bowl, whisk together the flour, ground ginger, baking powder, cinnamon, allspice, nutmeg and salt.
- 6. Add about a third of the dry ingredients to the pumpkin mixture and stir just until combined.
- 7. Now add half the stout molasses mixture and another third of the dry ingredients until combined.
- 8. Now add the rest of the stout molasses mixture and the rest of the dry ingredients, stirring

after each addition just until combined.

- 6. Pour the batter evenly into a well sprayed bundt pan.
- 7. Place in a 350° F preheated oven and bake for 1 hour or until the top is springy to the touch. Cool for a few minutes and invert onto a cake cardboard while still warm.
- 8. Cool completely before spreading with cream cheese frosting.

ICING:

- 1. In a large bowl, beat the butter and cream cheese with an electric mixer until creamy.
- 2. Gradually add the icing sugar, milk and vanilla, beating until the mixture is creamy and well-blended. Add a little more sugar or milk if necessary to achieve a spreadable frosting.

The Silver Chef - "Cooking Isn't Rocket Science...Baking Is Chemistry" / Desserts

